

Full Report (All Nutrients) 45173237, FOOD LION, HARD & SOFT TACO DINNER KIT, UPC: 035826051189

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Food Town Stores Inc.

Nutrient	Unit	Data points	Std. Error	1 TORTILLA, 1 SHELL, 0.166 SEASONING + SAUCE 63g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	160	254
Protein	g	--	--	4.00	6.35
Total lipid (fat)	g	--	--	5.00	7.94
Carbohydrate, by difference	g	--	--	26.00	41.27
Fiber, total dietary	g	--	--	3.0	4.8
Sugars, total	g	--	--	2.00	3.17
Minerals					
Calcium, Ca	mg	--	--	60	95
Iron, Fe	mg	--	--	1.44	2.29
Sodium, Na	mg	--	--	780	1238
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	9.0	14.3
Vitamin A, IU	IU	--	--	500	794
Lipids					
Fatty acids, total saturated	g	--	--	1.499	2.380
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

TACO SHELL: CORN MASA FLOUR (CORN MASA, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN), WATER, VEGETABLE OIL (COTTONSEED, CORN, AND/OR SUNFLOWER), FLOUR TORTILLA: ENRICHED BLEACHED FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED AND HYDROGENATED SOYBEAN OILS), CONTAINS 2% OR LESS OF: SALT, BAKING SODA, SODIUM ACID PYROPHOSPHATE, DISTILLED MONOGLYCERIDES, ENZYMES, CELLULOSE GUM, FUMARIC ACID, AND CALCIUM PROPIONATE AND SORBIC ACID (TO MAINTAIN FRESHNESS), TACO SAUCE: TOMATO PUREE, WATER, TOMATOES, JALAPENO PEPPERS,

SALT, VINEGAR, GARLIC POWDER, DEHYDRATED ONION, SUGAR, SPICES, ASCORBIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE, (AS PRESERVATIVES), EXTRACTIVES OF PAPRIKA, AND NATURAL FLAVORS, TACO SEASONING: DEHYDRATED ONION, SALT, GARLIC POWDER, BLEACHED WHEAT FLOUR, CHILI PEPPERS, SPICES, MONOSODIUM GLUTAMATE, PAPRIKA, SUGAR, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL (PROCESSING AID), MALIC ACID, AUTOLYZED YEAST, CORN SYRUP, SOLIDS, DEXTROSE, EXTRACTIVES OF PAPRIKA, AND NATURAL FLAVORS. *Date Available:* 12/14/2016 *Date Last Updated by Company:* 12/14/2016